



May 2019

Dear Friends,

As you may be aware, the year 2020 will mark the 100th anniversary of the arrival of our beloved Guru, Paramahansa Yogananda, in the United States. Plans are underway for Self-Realization Fellowship to commemorate this momentous historical event with several celebratory activities.

As part of this celebration, we are collecting written testimonials from devotees and friends, in our Centers, Groups, and Circles whose lives have been touched by our beloved Guru and his Kriya Yoga path.

Specifically, we invite any of the members of our groups, Young Adult groups, or Sunday School children to consider the following questions:

1. On this 100th anniversary of the founding of SRF by our Guru, how have Paramahansa Yogananda's Self-Realization Fellowship teachings affected your life?
2. What does SRF mean to you? What would you want to say about SRF?
3. What does your meditation group mean to you? How do you feel your group and fellow devotees have helped you on your spiritual journey?
4. How has your life changed since you began studying and practicing the SRF teachings?
5. How did you find out about SRF?
6. What is your goal in life and how does SRF help you to find it?
7. Who do you think can benefit from the SRF teachings, and why?

Each written testimonial can be sent directly to centerinfo@yogananda-srf.org. Alternatively, each SRF Center, Group or Circle could collect the testimonials and send them all together to the same e-mail address.

Our hope is to collate the testimonials and share them in different ways with our worldwide spiritual family throughout 2020. For example, we may be able to include some in the Self-Realization Magazine, on the SRF Website or in some other ways.

In order to be better able to adequately plan for the 2020 celebrations we ask that all testimonials be submitted to us as soon as it is comfortably possible. The final date to receive these testimonials will be August 31, 2019. Thank you for contributing to the celebration of this important milestone in the history of Self Realization Fellowship and the divine mission of our beloved Guru.

In divine friendship,

SELF-REALIZATION FELLOWSHIP

Center Department

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