

Toronto Centre of
Self-Realization Fellowship



Upcoming Events

Commemoration Services in March:

**Mahasamadhi of Paramahansa Yogananda – Wednesday, March 7, and
Mahasamadhi of Swami Sri Yukteswar – Friday, March 9**

Special services are open to those well enough acquainted with the SRF teachings to appreciate the significance of the Guru-disciple relationship and to participate with sincerity and reverence. Please bring a flower as a symbol of devotion to God and the SRF Gurus and a donation as a symbol of loyalty to the cause of SRF. The chapel will open at 7:00pm for private meditation and the services will begin at 7:30pm.

Monastic Visit by Brother Vijayananda and Brahmachari Jason from March 22 to 25

Thursday	22	7:00 – 7:45pm	Meditation
		7:45 – 8:00pm	Break
		8:00 – 9:00pm	Satsanga
		9:00 – 9:30pm	Light refreshments
Friday	23	10:00am – 3:00pm Outing to Allan Gardens followed by Lunch at King's Café	
Saturday	24	10:00 – 12:30pm	Long Meditation with Kirtan
		12:30 – 1:30pm	Lunch – bring your own or go out and get something
		1:30 – 3:30pm	Center Department Workshop - "Deepening Our Meditations"
Sunday	25	10:00 – 10:45am	Meditation
		10:45 – 11:00am	Break
		11:00 – 12:00pm	Sunday Service (Brother Vijayananda) Sunday School Class (Brahmachari Jason)
		12:00 – 12:15pm	Group Photo
		12:15 – 1:30pm	Social, pot luck lunch
		1:30 – 3:00pm	General Membership Meeting

The Thursday evening Satsanga will cover topics related to group life such as building harmony, chanting, service reading, discussing our differences, hosting newcomers, not disturbing others in meditation, or anything at all to do with group life as requested by you. You can send your questions directly to Center Department via email (email address: CenterDepartment@Yogananda-srf.org with the subject: "Att. Br. Jason – Toronto Satsanga") or leave them in the box in the Bookroom at the Toronto Centre.

Please note that the pot luck social on Sunday March 25 with the monastics replaces the previously scheduled pot luck for Easter Sunday which would have been the following weekend.

Good Friday Meditation Service — Friday, March 30

We will commemorate Good Friday with a 3-hour meditation from 12:00 noon to 3:00pm. We hope you can join us.

Easter Sunday Service - Sunday, April 1

We will celebrate Easter at our Easter Sunday Service from 11:00 a.m. to 12:00 noon.

Commemoration Services that Fall on a Sunday

At our Annual General Meeting on January 21 our members agreed that when a Commemoration Services falls on a Sunday it will be held at 1:00pm after the regular 11:00am Reading service. The chapel will be available for meditation at 12:30pm. This will be done on a trial basis in September for Janmashtami and Lahiri Mahasaya's Birthday as both fall on Sundays with the results to be reviewed at a future General Meeting.